

Toilet training policy

Here at Solihull Day Care we see toilet training as a self-care skill that children have the opportunity to learn with the full support of adults.

Children need to be fully settled in and secure within the nursery environment before any toilet training is introduced in the setting. We will work closely alongside families to toilet train their child, but the use of the potty or toilet must be introduced at home first. We will encourage children but not force them. We ask that you communicate with staff once you have started this process at home, so we are ready when your child shows interest at nursery.

Each child will be individually monitored and parents will be informed of the child's progress daily, through feedback with the parents at the end of the day.

Initially your child will slowly be encouraged to use the toilet or potty at home, whilst they are still in nappies, to build their confidence gradually. If they are successful and use it on a regular basis, and are showing understanding of when they feel they need to go, the use of the toilet or potty can begin at nursery.

- During the transitional period, it is paramount that each child's self - esteem and confidence remains high.
- A record of each nappy change will continue to be logged on the nappy changing sheet.
- Children training will be gently encouraged to sit on the toilet/potty every time they are changed.
- Once they are ready a conversation should be had with the practitioners, children will transfer from nappies to underwear (or pull-ups if necessary) and escorted to the toilet regularly.
- We will ask you to ensure there is always 5 full sets of spare clothes (maybe more at the start of toilet training). Clothes will need to be labelled and in your child's bag, in case your child needs to be changed on more than one occasion. (Daycare will not accept responsibility for unlabelled lost items).
- Parents will be asked to dress their children in sensible clothing, easy to take on and off independently.
- Children will be reminded to go to the toilet every 20-30 minutes by a member of staff and a record will be kept on their toileting throughout the day.
- Accidents will be dealt with sensitively, and we will remind the children to tell us when they need a wee or poo.

- If your child has persistent accidents and is showing little understanding, we may advise that you may need to delay potty training for a short while and resume at a later date.
- Staff will always give positive praise and encouragement after each visit to the toilet, reward charts may also be used, we will work closely with parents on this so the children have consistency at home.

We understand toilet training is a very individual, independent process and each family will approach toileting differently, this policy outlines how we would encourage and maintain the process here at Day Care. Each child's individual needs can be adapted for this process.

This policy was adopted on	Signed on behalf of the nursery	Date for review
01/09/2026	Jessica Dolan	01/09/2027