

We want to extend a heartfelt thank you to all our families for your continued support and trust—it means the world to us!



### **Staff news:**

As we continue to grow and evolve, we'd also like to share a few exciting updates about changes within our wonderful team.

We're so happy to welcome Megan back to the Bears room, now with her baby in the Baby Room—what a special return! Lisa has recently joined our Preschool team, bringing fresh energy and enthusiasm to the group.

We're also proud to support the growth of our future educators, with Molly-Mae and Olivia both starting their Level 3 apprenticeships. We're thrilled about what's ahead and grateful to have such a dedicated and caring team.





As the seasonal changes are upon us and the days grow longer and the flowers begin to bloom, the Spring season offers young children a wonderful opportunity to explore the great outdoors and nature around us. Engaging with nature is not only stimulating but also an essential part of the Early Years Foundation Stage (EYFS) framework, which emphasizes the importance of outdoor play and learning. Outdoor play is a vital component of the EYFS curriculum, supporting all aspects of a child's development.



Spring is a magical time for young children to explore and learn in the great outdoors. By incorporating outdoor activities into the EYFS framework, we can support child development in a fun and engaging way. We hope you enjoy the spring adventures we take with your little one!





### **Physical Development:**

Children develop their gross motor skills by running, jumping, climbing, and balancing. The varied terrain and open spaces of the outdoors provide endless opportunities for physical challenges and exercise for our youngest babies to our oldest preschool children.



### **Personal Social Emotional Development:**

Time spent in nature has been shown to reduce stress and anxiety in children. The sensory experiences and freedom of outdoor play enhances mood and emotional resilience and promotes emotional well-being in children. Playing outdoors encourages children to interact with their peers, negotiate, take turns, and develop empathy. The larger, more flexible environment supports cooperative play, team games and social bonding.

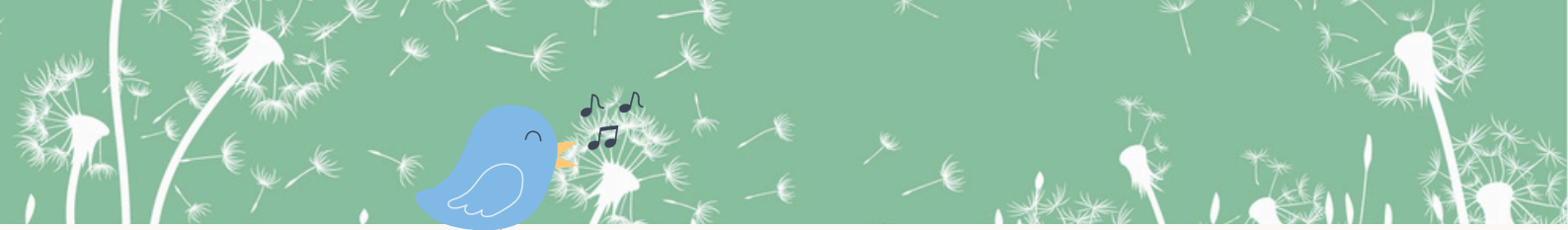


### **Communication and Language:**

children will be encouraged to describe what they see, hear and feel on nature walks; children will also be exposed to new vocabulary that links to learning around plants, animals and the weather changes as we observe them.







**Literacy:** Children will be provided with a literacy rich environment with core books that focus on our themes of learning.

**Mathematics:** Outdoors nature provides many opportunities for counting, measuring, and comparing. Children can count petals on flowers, measure the height of plants, order by size sticks they find in the environment or compare the sizes of different leaves.

**Understanding The World:** Children are exposed to a plethora of natural loose materials outdoors, they use their senses to explore as they take trips to the park, explore our garden, hunt for mini beasts and growing flowers and begin to develop an understanding of life cycles of animals and plants and older children will help Derek as part of 'Digging with Derek' to plant and care for their growing plants in our growing garden and green house.



**Characteristics of Effective learning:** Nature offers limitless chances for young babies and children to be active in their learning, explore and discover, it also stimulates their curiosity and investigative skills. Outdoor play also fosters problem-solving and critical thinking as children engage with the natural world.

